CONCORDIA UNIVERSITY
DEPARTMENT OF CREATIVE ARTS THERAPIES

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MA IN CREATIVE ARTS THERAPIES
ART THERAPY OPTION

Université Concordia University

This document is accurate at the time of its printing date, but may be subject to change.

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Concordia University Fine Arts

MA IN CREATIVE ARTS THERAPIES
ART THERAPY OPTION

The MA in Creative Arts Therapies, Art Therapy Option, is the only full master's level professional training program in Canada. It is recognized by the American Art Therapy Association (AATA) and by the Canadian Art Therapy Association (CATA) as an approved training program. The program is designed to offer intensive preparation for a high level of professional competence in the use of the visual arts for psychotherapeutic, preventative and associated research purposes.

The program educates and trains art therapists to function as recognized professionals within their field, who are committed to a strong sense of ethical and social responsibility. Additionally, it aims to provide students with a thorough understanding of the history, methods and theoretical foundations of art therapy. Investigation of the interrelationship between the visual arts and the therapeutic process is approached through experiential and didactic learning methods. Students acquire skills in the practice of psycho-dynamically oriented art therapy through their practicum and the study of theories of art therapy, as developed by leading practitioners. Students learn a variety of research methodologies as a foundation for completing the required research component of the program.

Concordia University's Centre for the Arts in Human Development is a unique clinical, research and training centre that is connected to the Department of Creative Arts Therapies. It provides students from the Art Therapy program with clinical internships and opportunities for research through its work with adults with a variety of developmental disabilities.

COURSES

Readings in Art Therapy
Assessment Techniques in Art Therapy
Symbolic Imagery and Art Therapy - Studio/ Workshop
Group and Family Art Therapy
Inter-related Arts Therapies/Movement.
Introduction to Topics in Clinical Psychology for Creative Arts Therapists
Counselling Skills for Creative Arts Therapists
Art Therapy Practicum Supervision I and II
Independent Practicum in the Creative Arts Therapies
Art Therapy Skills: Special Problems
Advanced Art Therapy Practicum Supervision I and II
Child and Adolescent Art Therapy
Selected Issues in the Creative Arts Therapies
Independent Studies in Creative Arts Therapies
Creative Process in Clinical Practice for Creative Arts Therapists
Interdisciplinary Topics: Cross-cultural Issues in the Creative Arts Therapies
Studio Media and Practice for Creative Arts Therapists
Interdisciplinary Topics: Ethics in Clinical Practice in the Creative Arts Therapies
Interdisciplinary Topics: Ethics in Research in the Creative Arts Therapies
Family Systems and the Creative Arts Therapies
Research Paper
Research in the Creative Arts Therapies
Research in Art Therapy
Applied Research Project with Report

ADMISSION REQUIREMENTS

- Bachelor's degree (no less than a B average)
- 500-word letter of intent
- Three letters of recommendation (preferably academic)
- Prerequisite courses:
  - Visual arts: 24 credits, which must include 18 credits in studio arts and 6 credits in art history/art theory/art education, or approved equivalents;
  - Psychology: 24 credits, which must include the following five courses : Introduction to Psychology, Theories of Personality, Abnormal Psychology, Developmental Psychology, Research Methods
  - Introduction to Art Therapy* (3 credits)

  **This course can be completed at Concordia the summer prior to entry in the program*
- Portfolio (up to 20 pieces of artwork presented as slides or digital images)

Previous work/volunteer experience in a clinical, rehabilitative or educational setting is expected. Direct experience with the therapeutic process is highly desirable.

Application deadline: January 15
(Candidates applying for graduate fellowships and scholarships must apply by December 15)

All required documentation must be sent by these deadlines. Admission is for the fall term only.